Moorfields Eye Hospital Dubai
DUBAI HEALTHCARE CITY

INFOCUS

JULY 2019

WELCOME TO THE JULY ISSUE OF INFOCUS

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Patient Testimonial: Andy from Cameroon

Andy, a 14 year old from Cameroon, underwent Glaucoma Drainage Device Surgery with Dr. Sohaib, Consultant Ophthalmic Surgeon, Specialist in Glaucoma and Cataract Surgery.

"We are beyond thankful to Dr. Sohaib for changing our son, Andy's life" - Andy's Parents.

Patient Testimonial: Mark Costello

Mr. Mark Costello from the United States of America tells the story of his successful Cataract surgery carried out by Dr. Avinash Gurbaxani Consultant Ophthalmic Surgeon in Uveitis and Medical Retinal Diseases and Cataract Surgery. Unaware he had Cataracts, he consulted with Dr. Avinash, who diagnosed him with the condition and provided him with treatment options. Opting for Multifocal Lens surgery, he went from cloudy and unclear vision, to seeing like he was a child again.

Healthy Food Choices for Healthy Eyes

Don't run the risk of damaging your vision with poor food choices, doctors at Moorfields Eye Hospital Dubai warn.

From managing our weight, fighting diseases, to giving us the energy we need to work or study each day, there are many well-known benefits to a healthy and balanced diet.

Making the correct choices when it comes to what you eat each day can also play a significant role in keeping your eyes healthy and maintaining your vision throughout your lifetime.

As well as treating a range of vision-related ailments each day, doctors at Moorfields Eye Hospital Dubai explain to patients how their daily food choices can have a huge impact on their eyes.

Dr. Luisa Sastre explains how a rich and varied diet filled with some of the most common foods found in most people's kitchens are essential to the health of your eyes. Read more

Upcoming Visiting Consultants and Ocularist Schedule

Dr. Qasiem Nasser
Visiting August 3, 4 and 6, 2019

MD, MRCOphth, FEBO, FRCS(Ed)
Consultant Ophthalmic Surgeon
Specialist in Oculoplastic Surgery
Specialist in Cataract and Refractive Vision Correction Surgery

Dr. Nasser is a Consultant Ophthalmic Surgeon with dual Fellowship training in Oculoplastic Surgery as well as Cornea, Cataract and Anterior Segment Surgery.

Click here for full bio.

Dr. Yassir Abou Rayyah
Visiting August 17-19, 2019

MBBCh, MSc CU, PhD CU, MSc UCL, FRCS Ed, FRCS Glasg, FRCOphth
Consultant Ophthalmic and Oculoplastic Surgeon
Paediatric Lead Adnexal & Oculoplastic Service
Moorfields Eye Hospital & Great Ormond Street Hospital for Children – London

Dr. Abou-Rayyah is a specialist in Oculoplastics; management of eyelid, lacrimal and orbital disorders; ocular trauma; cosmetic eye surgery; and paediatric ophthalmology.

Click here for full bio.

Dr. Muralidharan Upendran
Visiting August 17-19, 2019

MD
MBBS, MS (Ophth), MRCOphth, FRCOphth
Consultant Ophthalmologist, Vitreo-retinal Surgeon
GCAA Approved Specialist Medical Examiner

Dr. Upendran is a Consultant Ophthalmologist with sub-specialist training in Vitreo-Retinal surgery. He specialises in the surgical management of retinal disorders including retinal detachment, macular disease, diabetic retinopathy and ocular trauma.

Click here for full bio.

Paul Geelen
Visiting August 17-29, 2019

Ocularist

Paul has over twenty-five years' experience making and fitting hand crafted artificial eyes. He has been a visiting consultant at Moorfields Eye Hospital Dubai since 2008 while managing his private clinic in Perth, Western Australia.

Click here for full bio.

Importance of Sunglasses for Children

Dr. Namir Kafli-Hussain, Consultant Paediatric Ophthalmologist, Specialist in Children's Eye Diseases, Strabismus (Squint) and Paediatric Cataract Surgery talks about the 'Importance of Sunglasses for Children'.

As children are in a dynamic active state of growth, it is estimated that 50% of total sun exposure occurs in the first 18 years of age, since children are more active outdoors. Read more

Computer Vision Syndrome

Dr. Sandra Fiorentini, Consultant Ophthalmologist, Specialist in Cornea, External Eye Diseases and Refractive Surgery Specialist (Vision Correction Surgery) talks about 'Computer Vision Syndrome'.

Computer vision syndrome is a combination of both eye and vision problems related to the activities which are experienced due to the use of electronic screens such as computers, smartphones or any other digital devices. Read more

Giving Back to the Community – Screening Event

As part of our ongoing commitment to the community, we recently organised screening events in collaboration with ITP Media Group and Emaar, to screen their employee's vision and ensure their eye health.

We screened over 80 employees. Screenings Included: History, Eye Pressure Tests, Distance Vision Screening, and Fundus Screening of the Retina.

If you represent a corporate or a healthcare facility and are interested in the group screenings offered by Moorfields Eye Hospital Dubai, please contact Ejmen.balogilu@moorfields.ae

RTA Approved Eye Tests

Moorfields Eye Hospital Dubai provides RTA approved eye tests for new and renewal of Dubai driving license holders.

To book an appointment for a driving license eye test, call us on +971 4 429 7888.

Collaborations - Corporate and Healthcare Facilities

We are pleased to announce that we have extended our service offering and preferential rates to the following corporates and healthcare providers:

Versailles Dental Clinic

If you are a healthcare facility and would like to refer a patient for specialist eye care, we have a dedicated team to provide advice and ensure a simple and efficient process for you and your patients
Please visit https://www.moorfields.ae/dubai/referrals/

If you represent a corporate or a healthcare facility and are interested in special offers from Moorfields Eye Hospital Dubai, please contact noor.albasir@moorfields.ae or maha.abougha@moorfields.ae.

Walk-ins welcome 6 days a week from Saturday to Thursday: 8.30am to 5.00pm

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